



BRIN D'AMOUR

A FILM BY FREDERICO CUSTÓDIO
ELECTRONIC PRESS KIT

THE STORY OF
A BOY, A SHEPHERD AND A CLOWN
AND THEIR RELATIONSHIP TO THE CHILD IN US.

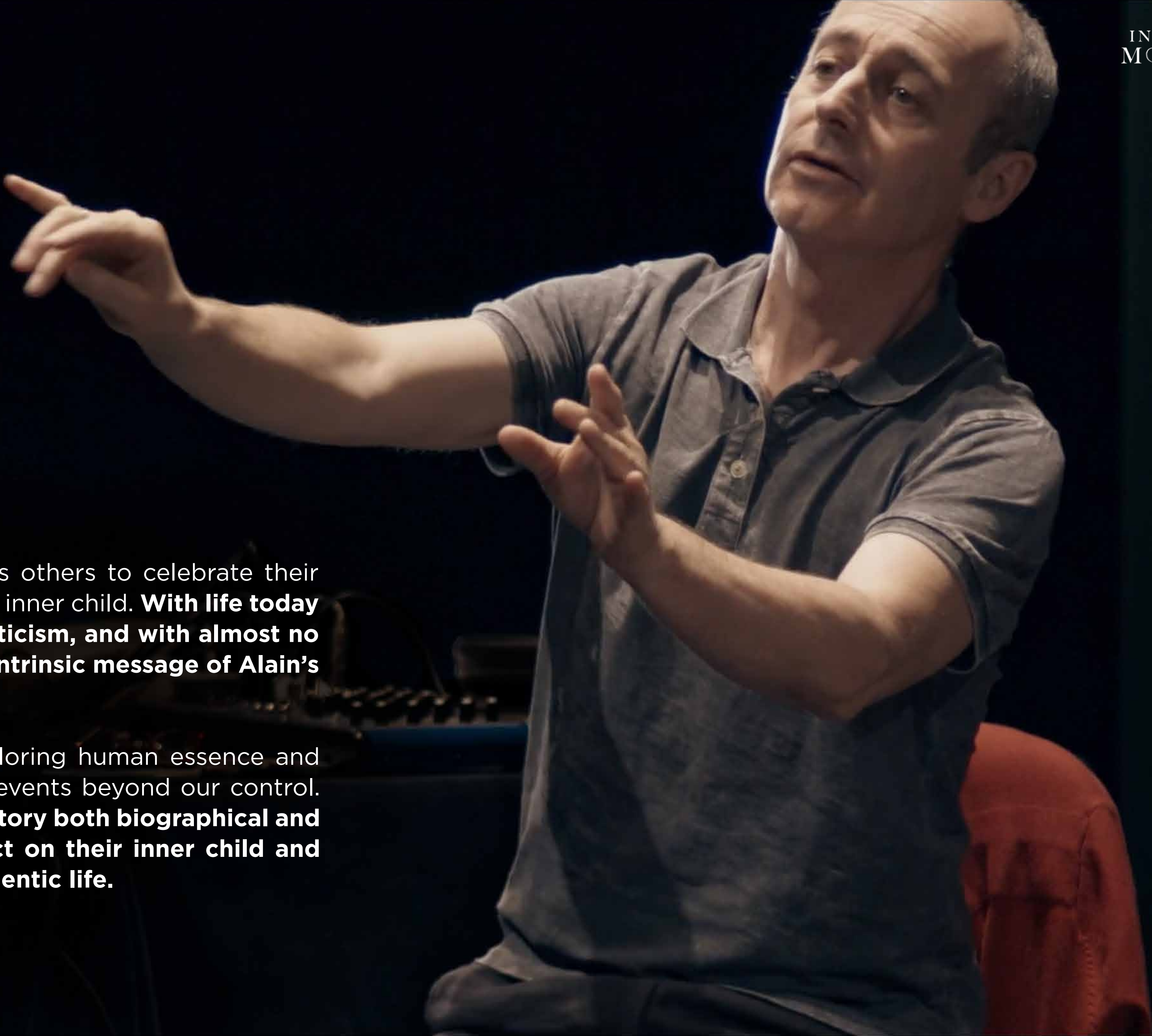
SYNOPSIS

Brin d'Amour is an intimate portrait of the life and work of Alain Vigneau, an acclaimed art therapist and former clown. The film explores how his unusual life — from his early years as a shepherd in the Pyrenees Mountains to his time as an international performing clown — allowed him to acquire a particular understanding of the human condition. Following Vigneau through one of his Essential Clown workshops, Brin d'Amour is a personal testimony on rescuing human authenticity that invites us to reflect on the relationship with our 'inner child'. "

DIRECTOR'S STATEMENT

The life story of the well known art-therapist Alain Vigneau is an inspiring one. When I first met him at one of his clown workshops, I was impressed with how people felt encouraged to express themselves in a more genuine and creative way. The roller coaster of emotions shared in an atmosphere of great intimacy and improvised chaos struck me.

I became intrigued to know more about Alain, **a man whose pains and dreams from childhood carried him out on a unique journey, first as a shepherd and then as a clown, to acquire a particular understanding of the human tragicomic condition.**


A man with short grey hair, wearing a grey polo shirt, is seated in a red chair. He is gesturing with his right hand pointing upwards and to the left, and his left hand is open and facing palm up. The background is dark and out of focus.

As an art-therapist, Alain encourages others to celebrate their unique tragicomedy and set free their inner child. **With life today so ruled by self-demand and self-criticism, and with almost no room for self-compassion, I felt the intrinsic message of Alain's work to be quite relevant.**

As a director I am interested in exploring human essence and how it is affected, in each of us, by events beyond our control. With Brin d'Amour **I wanted to tell a story both biographical and archetypal, inviting people to reflect on their inner child and inspire the possibility of a more authentic life.**

“I SEE SO MANY PEOPLE IN SUCH A NEED OF
A REST, OF SAYING: 'I DON'T HAVE THE
FAINTEST IDEA OF WHAT TO DO. I DON'T
HAVE AN ANSWER. EVERYTHING'S A MESS'”

- ALAIN VIGNEAU

A man and a woman are shown in profile, looking towards the right. The man is in the foreground, wearing a dark blue sweater. The woman is behind him, wearing a light blue shirt and a red clown nose. The background is dark and out of focus.

“OUR INNER CHILD IS BURIED WAY DOWN.
WE BLAME IT. WE SCOLD IT, PUNISH IT.
DEVALUE IT. [...] IF WE WERE EVER TO
GRASP THIS WE'D SUFFER.”

– CLAUDIO NARANJO, PSYCHIATRIST

DIRECTOR'S FILMOGRAPHY

Frederico Custódio, director and film producer, was born in Portugal and holds a PhD in Science. While following a technical career path in research for more than 15 years, he continued to pursue his interest in the arts — completing a post-graduate program in Art and Movement, studying acting, and working on various music projects.

In March 2015, Frederico met the French art-therapist and former clown Alain Vigneau and was impressed by the impact Vigneau's clown workshops had on so many different people. Touched by the depth of Vigneau's work and convinced of its human value, Frederico decided to direct the documentary film 'Brin d'Amour,' about the art-therapist's life and work. In 2016 he founded the production company Inner Motion Films.



MAIN CREW

JORDI AZATEGUI (DIRECTOR OF PHOTOGRAPHY)



Graded in 1996 in Applied Arts in the High School of Art and Design Llotja of Barcelona, He has worked in several documentaries with the film director Isabel Coixet (Aral. The lost sea and Listening To The Judge Garzón (winner Best Documentary in 2012 Goyas' awards), and in feature films such as Yesterday Never Ends (Best Photography award in 2013 Málaga Spanish Film Festival) and Nobody Wants The Night also from Isabel Coixet.

RENATA DEL COSO (PRODUCTION ASSISTANT)



Renata, is originally a psychologist and Gestalt therapist, who has in the last 5 years followed numerous Clown training courses. It was in the context of a workshop given by Alain Vigneau where she met Frederico Custódio. Feeling deeply moved by the work and life story of Vigneau she decided to participate and help developing the documentary film project Brin d'Amour.

ENRIQUE BERMEJO (SOUND DESIGN)



Enrique G. Bermejo co-founder of the Kamikaze Estudi, Sound Design and Audio Post-Production Studio, has worked on numerous film projects, both in direct sound and in post-production of sound. Some of the many projects he has been involved are A Gun in Each Hand (2012) by Cesc Gay, Frontera (2013) by Manuel Pérez, Best Soundtrack Award at the Costa Rica International Film Festival, Isabel Coixet's Nobody wants the Night (2015) and Metamorphosis (2016).

LUCIA EZKER



After studying in the Scuola Civica of Cinema of Milan, she has worked mainly in film production, both documentary and fiction genres. She has worked in shortfilms as Habitar (Mikel Subiza, Short film corner Cannes 2015), documentaries as I know where the money is, mum (Arturo Cisneros) and in featured films as Les freres Sisters (Jaques Audiard), Perdiendo el Este (Paco Caballero) or Legado en los huesos and Ofrenda a la tormenta (Fernando Gonzalez Molina). She also directed the shortfilm Capricciosa and co-directed the documentary A window to Jazar .

DETAILS & CREDITS

ASPECT RATIO: 1.78:1

FORMAT: FULL HD 1920X1080

DURATION: 70 MIN

COUNTRIES OF PRODUCTION: PORTUGAL, SPAIN, FRANCE

YEAR: 2019

PRODUCED BY INNER MOTION FILMS

WRITTEN AND DIRECTED BY FREDERICO CUSTÓDIO

DIRECTOR OF PHOTOGRAPHY JORDI AZATEGUI

SOUND DESIGN ENRIQUE G. BERMEJO

PRODUCTION ASSISTANT RENATA DEL COSO

ASSISTANT DIRECTOR LUCÍA EZKER RECALDE

EDITING PAULA MIRANDA

ORIGINAL SCORE ANDRÉ BARROS

POSTPRODUCTION COORDINATOR EUGÉNIO MARQUES

COLOR PAULO AMÉRICO

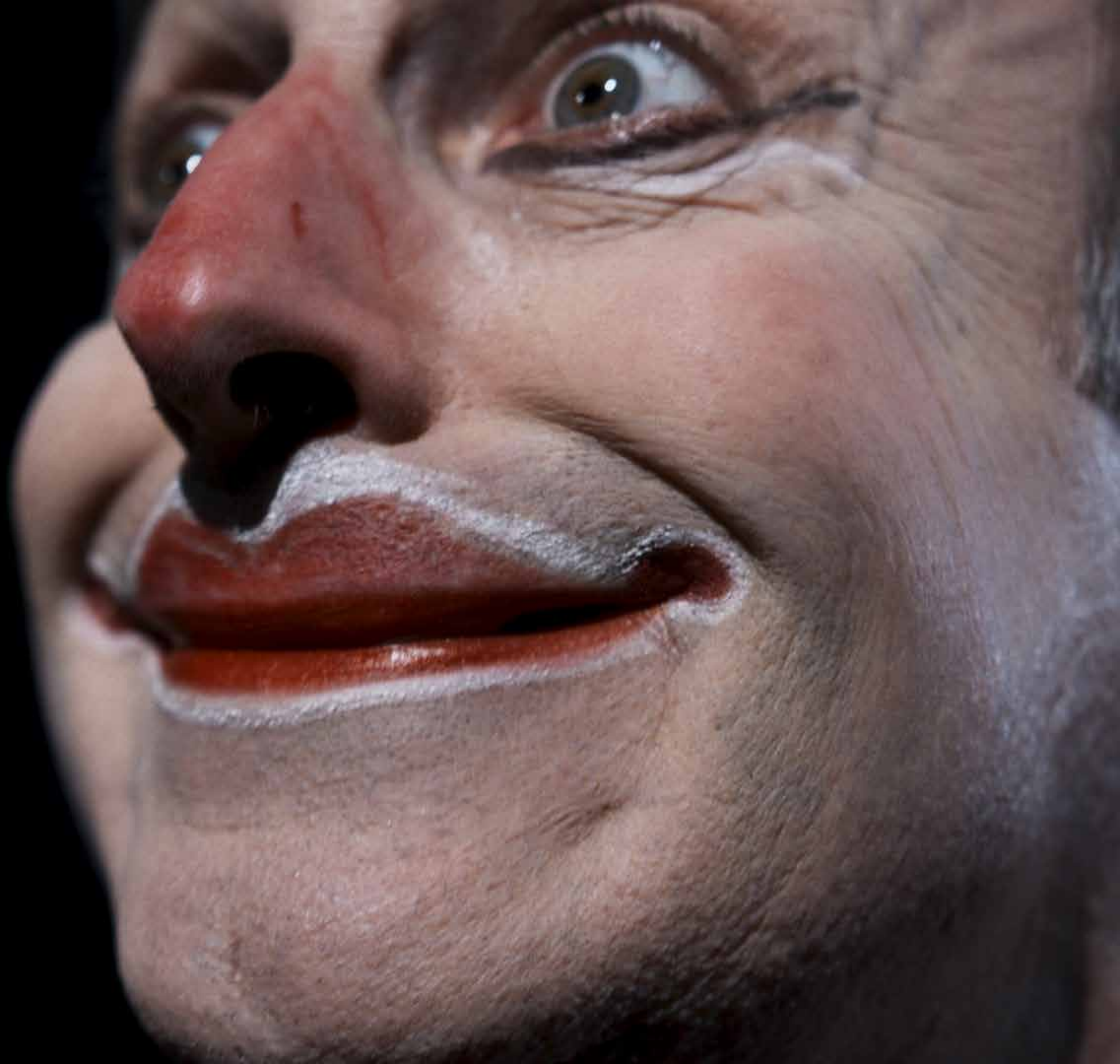
PRODUCED BY INNER MOTION FILMS

EXECUTIVE PRODUCERS YULIA CHUPINA & FREDERICO CUSTÓDIO

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A FILM BY FREDERICO CUSTÓDIO

WITH ALAIN VIGNEAU COSTEDOAT PRODUCED BY INNER MOTION FILMS WRITTEN AND DIRECTED BY FREDERICO CUSTÓDIO DIRECTOR OF PHOTOGRAPHY JORDI AZATEGUI SOUND DESIGN ENRIQUE G. BERMEJO
ORIGINAL SCORE ANDRÉ BARROS PRODUCTION ASSISTANT RENATA DEL COSO ASSISTANT DIRECTOR LUCÍA EZKER RECALDE EDITING PAULA MIRANDA PRODUCTION COORDINATOR FREDERICO CUSTÓDIO
POSTPRODUCTION COORDINATOR EUGÉNIO MARQUES COLOR PAULO AMÉRICO EXECUTIVE PRODUCERS YULIA CHUPINA & FREDERICO CUSTÓDIO



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